



THE BARIATRIC SURGERY DIFFERENCE.

AN OPTION FOR TYPE 2 DIABETES

For the more than 20 million Americans thought to have Type 2 diabetes, bariatric surgery may offer more than just another treatment option. Research shows that for numerous individuals, diabetes recedes dramatically and sometimes permanently with bariatric surgery. That makes the possibility of a "cure" a real prospect if you are living with Type 2 diabetes.



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FREQUENTLY ASKED QUESTIONS

Q What is bariatric surgery?

A Bariatric surgery refers to procedures that reconfigure the digestive system. The most frequently performed type is gastric bypass surgery, which shrinks the stomach (from the size of a fist to that of a thumb) and shortens the path food takes through the small intestine thereby limiting the number of calories absorbed.

Q Is it a cure for Type 2 diabetes?

A It is not completely understood how bariatric surgery works for people with type 2 diabetes. However, an analysis of more than 600 studies shows that 78 percent of patients had a complete resolution of their diabetes after surgery, with bypass procedures being more effective.

Q How do I know if it is right for me?

A You should discuss the option of bariatric surgery with your primary care provider and/or endocrinologist. You can also contact Upper Chesapeake Bariatric Surgery at 443-843-6360 for more information. The American Diabetes Association currently recommends considering bariatric surgery for people with type 2 who have a body mass index (BMI) of 35 and over.

Q Where do I begin if I want weight loss surgery?

A You can learn more about weight loss surgery and the process by attending one of the Upper Chesapeake Bariatric Surgery information sessions held monthly. Go to upperchesapeakebariatricsurgery.org or call 443-843-6360 for dates and times.